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| Swim Lessons |
| Fitness      |
| Public Swim  |

# ELKFORD AQUATIC CENTRE POOL SCHEDULE

April 3 - May 6, 2018

Phone: 250.865.4012 · Web: [www.elkford.ca](http://www.elkford.ca) · Email: [pool@elkford.ca](mailto:pool@elkford.ca)

| TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   | SUNDAY |
|--|--|--|---|--|--------|
|  | <b>Shallow Aquafit</b><br>9:30 - 10:15<br><br><b>Preschool Lessons/ Stroke Imp.</b><br>9:30 - 11:00<br><br><b>Public Swim &amp; Lane Swim</b><br>10:30 - 12:00 |  | <b>Boot Camp Aquafit</b><br>9:30 - 10:15<br><br><b>Preschool Lessons</b><br>9:30 - 11:00<br><br><b>Public Swim &amp; Lane Swim</b><br>10:30 - 12:00 | <p><b>Notice something unusual about this pool schedule?</b></p> <p>The Aquatic Centre will be closed on Sundays for the duration of this 5 week schedule. Bear with us as we work to recruit and train new lifeguards. Are you a lifeguard and interested in joining Elkford's herd? Not a lifeguard, but considering it as a career? The Elkford Aquatic Centre offers training! Check out <a href="http://www.elkford.ca">www.elkford.ca</a> for current postings and training opportunities.</p> |        |
| <b>Public Swim</b><br>(1 Lane Available)<br>1:30 - 3:30      | <b>School Lessons</b><br>12:30 - 2:30  | <b>School Lessons</b><br>12:30 - 2:30                        | <b>Public Swim</b><br>(1 Lane Available)<br>1:30 - 3:30   |  |        |
| <b>Red Cross Lessons</b><br>3:30 - 5:00                      | <b>Red Cross Lessons</b><br>3:30 - 5:00  | <b>Red Cross Lessons</b><br>3:30 - 5:00                      | <b>Red Cross Lessons</b><br>3:30 - 5:00   |  |        |
| <b>Swim Club</b><br>3:45 - 6:00<br>(W/P, sauna, beach, open) | <b>Swim Club</b><br>3:45 - 5:00<br>(W/P, sauna, beach, open)   | <b>Swim Club</b><br>3:45 - 6:00<br>(W/P, sauna, beach, open) |   |  |        |
| <b>Lane Swim</b><br>(2 lanes)<br>5:00 - 6:00                 |  | <b>Lane Swim</b><br>(2 lanes)<br>5:00 - 6:00                 | <b>Lane Swim</b><br>5:00 - 6:00   | <b>Lane Swim</b><br>5:00 - 6:00  |        |
| <b>Public Swim</b><br>6:00 - 8:00                            |  | <b>Public Swim</b><br>6:00 - 8:00                            | <b>Public Swim</b><br>6:00 - 8:00   | <b>Public Swim</b><br>6:00 - 8:00  |        |

**Did You Know?** If a public swim is quiet, 1 lane is available. Inquire with the Lifeguard on duty.

**Note:** The Elkford Aquatic Centre is closed on Sundays, Mondays & Statutory Holidays. Schedule is subject to change.

**Public Pool Safety - Children Under 7 Years of Age**

In accordance with the Provincial guidelines for swimming pools, children under the age of 7 require a responsible person, 16 years of age or older, to accompany them in the water and be within arms' reach at all times.

**Lifejackets DO NOT substitute for adult supervision.**

**Please note:** Patrons will be asked to leave the pool 10 minutes prior to closing.