



Swim Lessons
Fitness
Public Swim

## ELKFORD AQUATIC CENTRE POOL SCHEDULE

May 13 - July 1, 2018

Phone: 250.865.4012 · Web: [www.elkford.ca](http://www.elkford.ca) · Email: [pool@elkford.ca](mailto:pool@elkford.ca)

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Shallow Aquafit 9:30 - 10:15	Ease the Knees 9:30 - 10:15		Bootcamp Aquafit 9:30 - 10:15	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <h3>Giant Tube/ Water Walkway Day:</h3> <p>1<sup>st</sup> Saturday of each month: 2:30 to 5:00 pm.</p> </div>	
Preschool Swim Lessons 9:30 - 10:30	Craft 'N' Splash 9:30 - 11:00		Preschool Swim Lessons 9:30 - 10:30		
Stroke Improvement 10:30 - 11:15					
Public & Lane Swim 10:30 - 12:00	Public & Lane Swim 10:30 - 12:00		Public & Lane Swim 10:30 - 12:00		
Public Swim (1 lane available) 12:30 - 3:00	School Swim Lessons 12:30 - 3:00	School Swim Lessons 12:30 - 3:00	Public Swim (1 lane available) 12:30 - 3:00	Triathlon Training 1:30 - 2:30	Family Swim & Swim Lessons 1:30 - 2:30
Red Cross Lessons 3:30 - 5:30	Red Cross Lessons 3:30 - 5:30	Red Cross Lessons 3:30 - 5:30	Red Cross Lessons 3:30 - 5:30	Public Swim 2:30 - 5:00	Public Swim 2:30 - 5:00
Lane Swim 4:00 - 5:00	Lane Swim 4:00 - 5:00				
<div style="border: 2px solid black; padding: 10px;"> <h3>Did You Know?</h3> <p>If a public swim is quiet, 1 lane is available.</p> <p>Inquire with the Lifeguard on duty.</p> </div>		Lane swim 5:00 - 6:00	Lane Swim 5:00 - 6:00	Lane Swim 5:00 - 6:00	Lane Swim 5:00 - 6:00
		Public Swim 6:00 - 8:00	Public Swim 6:00 - 8:00	Public Swim 6:00 - 8:00	

Note: The Elkford Aquatic Centre is closed on Mondays & Statutory Holidays.

Schedule is subject to change.

### Public Pool Safety - Children Under 7 Years of Age

In accordance with the Provincial guidelines for swimming pools, children under the age of 7 require a responsible person, 16 years of age or older, to accompany them in the water and be within arms' reach at all times. Lifejackets DO NOT substitute for adult supervision.

**Please note:** Patrons will be asked to leave the pool 10 minutes prior to closing.