



Swim Lessons
Fitness
Public Swim

ELKFORD AQUATIC CENTRE POOL SCHEDULE

January 8 - March 17, 2019

Phone: 250.865.4012 • Web: www.elkford.ca • Email: pool@elkford.ca

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Aquafit 9:30 - 10:15	Ease the Knees Aquafit 9:30 - 10:15		Aquafit 9:30 - 10:15	<p style="text-align: center;">Giant Tube or Water Walkway Day happens the first Saturday of every month from 3:00 PM - 5:00 PM.</p> <p style="text-align: center;">Check out the swim lesson schedule for information on new programs such as Water Sports and Swim Club Conditioning.</p>	
Preschool Lessons OR Craft N Splash 9:30 - 11:00	Preschool Lessons OR Craft N Splash 9:30 - 11:00		Preschool Lessons 9:30 - 11:00		
Public Swim & Lane Swim 10:30 - 12:00	Public Swim & Lane Swim 10:30 - 12:00		Public Swim & Lane Swim 10:30 - 12:00		
Public Swim (1 lane available) 12:30 - 3:00	School Lessons 12:30 - 2:30	School Lessons 12:30 - 2:30	Public Swim (1 lane available) 12:30 - 3:00		
Red Cross Lessons 3:30 - 5:15	Red Cross Lessons 3:30 - 5:00	Red Cross Lessons 3:30 - 5:15	Red Cross Lessons 3:30 - 5:00	Public Swim 3:00 - 5:00	Public Swim 3:00 - 5:00
Public Swim 3:30 - 4:45 (limited space available)	Public Swim 3:30 - 4:45 (limited space available)		Public Swim 3:30 - 4:45 (limited space available)		
Swim Club Conditioning 4:00 - 5:00	Water Sports 4:00 - 5:00	Swim Club Conditioning 4:00 - 5:00	Junior Lifeguard Club 3:30 - 4:30		
<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Did you know?</p> <p style="text-align: center;">If a public swim is quiet, 1 lane is available. Inquire with the Lifeguard on duty.</p> </div>		Lane Swim 5:00 - 6:00	Lane Swim 5:00 - 6:00	Lane Swim 5:00 - 6:00	Lessons and Aquafit 5:00 - 6:00
		Public Swim 6:00 - 8:00	Family Swim 6:00 - 7:00	Family Swim 6:00 - 7:00	
		Aquafit 8:00 - 8:45	Public Swim 7:00 - 9:00	Public Swim 7:00 - 9:00	

Note: The Elkford Aquatic Centre is closed on Mondays & Statutory Holidays.

Schedule is subject to change.

Public Pool Safety - Children Under 7 Years of Age

In accordance with the Provincial guidelines for swimming pools, children under the age of 7 require a responsible person, 16 years of age or older, to accompany them in the water and be within arms' reach at all times.

Lifejackets DO NOT substitute for adult supervision.

Please note: Patrons will be asked to leave the pool 10 minutes prior to closing.