## From January 7 to March 15, 2025

Wild at heart.

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Aquafit</b> 9:30 to 10:15 a.m.	<b>Aquafit</b> 9:30 to 10:15 a.m.	<b>Aquafit</b> 9:30 to 10:15 a.m.	<b>Aquafit</b> 9:30 to 10:15 a.m. <b>Swimming Lessons</b> 9:30 to 11:30 a.m.	<b>Swimming Lessons</b> 9:30 a.m. to Noon
Parents' Workout + Craft & Splash 10:15 to 11 a.m.	Lane Swim + Water Walking + Parent & Tot Swim 10:15 a.m. to Noon	Lane Swim + Water Walking + Parent & Tot Swim 10:15 a.m. to Noon	Lane Swim + Water Walking + Parent & Tot Swim 10:15 a.m. to Noon	
Family Swim + Lane Swim 11 a.m. to 1 p.m.	Family Swim + Lane Swim 12:45 to 3:00 p.m.	Family Swim + Lane Swim 12:45 to 3:00 p.m.	Family Swim + Lane Swim 12:45 to 3 p.m.	<b>Family Swim</b> 12:30 to 2:30 p.m.
	Swimming Lessons 3:30 to 5:30 p.m.	<b>Public Swim</b> 3 to 5 p.m.	Family Swim 3 to 5 p.m.	<b>Public Swim</b> 2:30 to 4:30 p.m.
<b>Lane Swim</b> 5 to 6:30 p.m.		<b>Lane Swim</b> 5 to 6:30 p.m.	Public Swim 5 to 7:30 p.m.	
	5:30 to 7:30 p.m.	o .		2022

Elkford Aquatic Centre · 250.865.4012 · pool@elkford.ca · www.elkford.ca/pool

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